



Sedgeford Village News

February 2014

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VILLAGE HALL NEWS.

Since the last newsletter we have had two successful events in the Hall which were a Disco before Christmas and a children's puppet show in January attracted an audience of 85. In February we are hosting the Open Day on Saturday 22nd about the Heacham River which starts at 10 a.m. There are two events in March. The first on Saturday 8th March is a return of Bingo to the Hall after several years absence. We will start at 7.30 and would welcome prizes for the event (any unwanted Christmas presents?) so please ring me on 579355 if you want to contribute. On Friday 28th March we are hosting "Any Questions" the longstanding Radio 4 radio show broadcasting live from the Hall at 8 p.m. Under the terms of the contract with the BBC we have to allocate several tickets to local political parties, business, schools etc but approximately 50-60 tickets will be available at no cost to the public. Tickets will not be available until mid February at the earliest when we should know the panel, so please watch the village notice boards and local press for more details.

On April 26th there is the regular St Georges evening with a meal and a performance (?) by SADS- more details in the next newsletter. The committee is actively looking at putting on at least 2 live drama events in 2014 plus screening films. The Carpet Bowls group on Monday nights is quite low on numbers and new bowlers would be very welcome at this sociable evening which starts at 7.30 and usually finishes at the King William!! Our new booking clerk is David Hollingsworth who can be contacted on 579032 if you want to use the Hall. Finally the annual Village Hall AGM is at 7 p.m. on 18th February and members of the public are very welcome to attend.

Mike Wade . 579355

REGULAR VILLAGE HALL EVENTS

CARPET BOWLS Monday 7.30-9.30. New members welcome-ring 579355 for more information".

YOGA Tuesday Evening Yoga 6 - 7pm
Wednesday Morning Yoga 10-11am
Meditation Group 3rd Wednesday of the month 11-12 noon. Children may attend the evening class if

accompanied by a responsible adult. Further information from Sandee Kruger-Daunt 01485 570485
TABLE TENNIS Tues 10-12noon. Thurs 7-9pm
Thursday times " Children's coaching 6.30 to 7.30 for just £1 per session. Adult coaching from 7.30".

Tuesday times remain at 10-12 Mike Wade

PERSONAL TRAINER

Do you want to act on those New Years Resolutions? Do you want to lose that winter/Christmas weight? Or do you just want to tone up for the fast approaching warmer months? I have the perfect training program for you to find your best ever shape at the start of 2014! Please contact James Rix on 07795022168 for more information plus special offers I have running for the start of 2014!
James Rix

PARISH COUNCIL

A reminder that bags for your food bin are available from John Ward, Wychwood, Heacham Road, at a cost of £1.15 for 50 bags.

The power networks used to carry out regular surveys of both high and lower-power lines, to check for possible interference from trees etc. They have recently stopped surveying the lower-power lines (such as those in our village) and will in future rely on residents reporting problems to them. If you are aware of a problem, please contact the UK Power Networks, 0845 601 4516.

The County Council needs to make savings of £189million over the three years commencing April 2014. You can find out about the consultation, read their proposals and have your say by visiting their website: <http://www.norfolk.gov.uk/puttingpeoplefirst>

The Parish Council has received complaints about speeding along Jarvie Close and asks residents and visitors to check their speeds, especially near the recreation ground and children's play area. In January, Councillor Mike Frost organized a small working party to clear the ground and plant new hedging on the recreation ground, to the south of the football pitch. There will be a free energy saving session at Thornham Village Hall at 10am on 18th March, providing advice on switching energy suppliers, saving money in the home, renewable energy and oil bulk buying. No need to book, just turn up. Sue Crump

Deadline for the March Newsletter is 17th Feb.
There is a Item about Dog Fouling on the Village
Notice Board
The Eds

COMMUNITY CAROL SINGING Twelve hardy souls turned out on Christmas Eve to Carol Sing around the village. A jolly time was had by all and £85 raised for Children in Need. Thanks to all who took part and all those who generously contributed (including Andy and Fiona of Honey Cottage for the excellent soup). We plan to do it again next year on Christmas Eve so put it in your diary. Melanie Calway

CAROL SINGING.

Once again our Happy Band of Singers went out on 23rd December, on a very wet and windy evening but this did not dampen our spirits, over £300 was collected for the Village Hall, to in time enlarge the Kitchen and Store-room.

Thanks to Pio and Jonathan Barber, Michael Nicolson and Jane Nicholson, Jill & Henry Head. Kate and Bernard Clarck and Nic & Lili at the King William for their kind hospitality so very much appreciated by us all. Very many thanks to Pam & Peter Goddard for supplying us with the most delicious meal at the end of the evening. A Happy New Year to you all. Janet & Mike Frost.

WOMEN'S FRIENDSHIP GROUP.

Another great Christmas party was enjoyed by everyone with plenty of tasty food and wine. Thank you Lynda for being our hostess. The winner of the Royal Babies Quiz was Janet Betts. Pat Fleming took the prize for the Fact or Fib game and Jenny Willis provided the best Table Decoration..

Our January Cook-In was a fun night with a Cake Decorating theme. Marion beautifully decorated a chocolate cake (made by Janet Frost) with rosettes of coffee and chocolate butter icing, roasted and ground hazelnuts, chocolate swirls and white and dark chocolate swans. Delicious !

Janet Garrett talked about her wonderful novelty cakes and demonstrated how to make the shapes for decoration. She brought along a decorated Friendship Cake which will be raffled at then next meeting. Please remember to bring all with you in February. Belinda showed us how to decorate Fairy Cakes (cakes and icings were made by Glynis). There were many options on offer including a Lemon Meringue one which was finished off by using a blow torch! We all iced one for ourselves All these cakes were washed down with a glass of wine Anyone who has not paid their subscription please bring a cheque for £20 payable to Sedgford Women's Group to the next meeting. Single sessions cost £4 payable on the night.

Our thanks go to Kate, Lynda, Belinda, Menai and Mary for their hard work in making our group such a success.

Our next Meeting is on Wed. 12th February 7.30pm in the Village Hall. A Talk about Houghton Hall by Chris Boxall. New members are always welcome, we are a very friendly group. Maggie Burlton

FEBRUARY AT THE KING WILLIAM IV

Celebrate the month of romance with a delicious Valentine's dinner at The King William available from 7 to 15 February. Prices start at £19.95 per person for two courses and £24.95 for three. Call 01485 571765 for further details.

It's soon time to spoil your Mum again. If you're planning a Mother's Day treat on Sunday, 30 March, book early! Choose across the menu in addition to tasty roasts and Daily Specials, with food served from 12 noon to 8pm.

There's plenty to look forward to at The King Will. Join the special Mussel evening on 5 February or enjoy a pancake on Shrove Tuesday (4 March). 'Curry & a Pint' at £10 continues on Tuesday night along with new dishes on the popular Monthly Set Menu. Don't forget breakfast for non-residents and the daily takeaway service.

Diners receive a £2.50 gift voucher for every £25 spent in the restaurant until the end of February – terms and conditions apply. New £10 and £25 King William gift vouchers are also available to purchase.

A big thank you to all who supported the Italian evening - £780 was raised for the new village defibrillator.

All the staff look forward to welcoming you. Pop in for coffee, lunch or supper and enjoy warming log fires and the many other facilities available for family parties and meetings. Up-to-date event information, offers and competitions feature on the Inn's Facebook, Twitter and blog pages and new website

www.thekingwilliamsedgeford.co.uk

9 CHALK RIVERS PROJECT

As you will see on the 22nd February the project is coming to the Heacham River. There are posters on the Village, Village Hall and Church Notice Boards and a flyer with the Newsletters to tell everyone about the Heacham River Community Day on 22nd February in the Village Hall, which include an interesting Guided River Walk in the morning, with a leaflet about the river for those who are interested to know a bit more about its long and interesting history. There is in fact something for every one, Photography for beginners, Treasure hunt for the children and if the river runs through your grounds, a session on River Gardening. Your editors are lucky in respect of both the latter and the Guided River walk and will be lapping up all the advice we can get on keeping our section of the river in apple pie order. The Eds.